

# Tirrany THURMOND

M.ED, NCC, LGPC (SHE/HER)

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Leading with culturally responsive and trauma-informed approaches to bring social justice, antiracism, and healing to organizations.

*specialized engagement through:*

- Curriculum Development & Instruction
- Virtual Trainings
- Intercultural Development Inventory & Coaching
- Equity Audits
- Speaking & Guest Lectureship



## RECENT PARTNERS INCLUDE



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Tirrany Thurmond, M.Ed, NCC, LGPC



# *meet* TIRRANY THURMOND

Tirrany Thurmond, M.Ed., NCC, LGPC is the Founder and Principal Consultant of Idaltu Counseling & Consulting. Like the name, Tirrany is the first-born in her family, rooted in her lineage, connected to her ancestry, and committed to the sacred storytelling of humanity. Tirrany's curiosity about people—who they are, how they evolve, where they hurt—guides her social justice and antiracism work and led her to found Idaltu. Just as human beings need one another to evolve, we need one another to heal. This is the foundation of Idaltu Counseling & Consulting.

Tirrany's goal is to bring social justice, antiracism, and healing to organizations. Using a culturally responsive and trauma-informed approach, she meets with leaders to identify challenges, strengths, and desired organizational goals. Her work spans over a decade and her services include the latest research in race-based facilitation, cultural competence, brain science, mental health, and community-building practices.

Tirrany is a Qualified Administrator for the Intercultural Development Inventory and a graduate professional counselor licensed by the Maryland State Board of Professional Counselors & Therapists.

